

**Shekhar K. Challa, M.D.**

Kansas Medical Clinic, 2200 SW Sixth Ave, Topeka, Kansas 66606

---

- Current Position:** President and Co-Founder  
Kansas Medical Clinic, *a multi-specialty clinic focused on Gastroenterology, Dermatology, Neurology, and Pathology*  
2200 SW Sixth Street, Suite 104  
Topeka, KS 66606  
Gastroenterology, Hepatology & Internal Medicine  
1998 to present  
Private GI practice 1987-1998
- Education:** Kakatiya Medical College  
Andhra Pradesh, India  
1972-1978
- Internship:** Coney Island Hospital  
Brooklyn, New York  
1982-1983
- Residency:** Coney Island Hospital  
Brooklyn, New York  
1983-1985
- Fellowship:** Coney Island Hospital  
Brooklyn, New York  
1985-1987
- Hospital Affiliations:** St. Francis Hospital & Medical Center, Topeka, KS  
Stormont Vail Regional Medical Center, Topeka, KS  
Select Speciality Hospital, Topeka, KS  
Holton Community Hospital, Holton, KS  
Anderson County Hospital, Garnett, KS  
Community Hospital, Onaga, KS  
Coffey County Hospital, Burlingame, KS  
Sabetha Community Hospital, Sabetha, KS
- Licensure:** Licensed to practice in the state of Kansas
- Board Certification:** Internal Medicine- 1985  
Gastroenterology- 1989

## **Professional Affiliations:**

Medical Director – Endoscopy & Surgery Center of Topeka (Current)  
Medical Director – Topeka Health Care Center 1991-November 30, 2001  
Board Member of St. Francis Physician Hospital Organization  
Chairperson – Internal Medicine Symposium 1993-Present  
Program Co-Director – GI Symposium 1989 – 2008  
Board Member – Marian Clinic 1997-Present  
Board Member – Mercantile Bank/Firststar Bank/US Bank 1999-Present  
Board Member – AMSURG Corporation Nashville, TN  
Board Member (Osteoporosis Division) – Proctor & Gamble Cincinnati, OH  
Board Member- My Medical Records – California (Current)  
Medical Advisory Board – Caris Corporation – Dallas, TX  
Board of Topeka Collegiate School 1994-1995

## **Author:**

“Probiotics for Dummies”, Wiley Publications, condensed version November 2011  
“Probiotics for Dummies”, Wiley Publications, full version March 2012  
“Winning the Hepatitis C Battle,” (Book/CD ROM) November 2003  
Finalist of the “Ben Franklin Award” & “Readers Preference Choice Award”  
“Spurn the Burn – How to Treat the Heat of Acid Reflux” May 2005  
Creator of the “Acid Reflux Relief Kit”  
“Ganele La Batalia A La Hepatitis C (Spanish) Panorama Publishers/ Mexico

## **Research:** Principal Investigator

2001 Glaxo Study on Lotronex  
2002 Novartis Study on Zelnorm  
2003 Roche, Sings Study on Pegasys & Ribavirin  
2004 Bristol Meyer Study on Fecal Incontinence  
2004 Centocor Study, Monoclonal Antibody for Crohns Disease  
2004 Astra Zeneca Study, Irritable Bowel Syndrome  
2006 Otsuka Study, Ulcerative Colitis  
2007 Alizyme Study, Irritable Bowel

2007 A Multi-center, Investigator-blinded, Randomized, 12-month, Parallel-group, Non-inferiority Study to Compare the Efficacy of Study Medicine 1.6 grams to 2.4 grams QD versus Divided Dose (BID) in the Maintenance of Remission of Ulcerative Colitis

2007 A 6-Month, Phase 3, Randomized, Double-blind, Parallel-group, Controlled, Multi-center Study to Evaluate the Incidence of Gastric Ulcers Following Administration of Study Medication or Naproxen in Subjects Who Are at Risk for Developing NSAID-associated Ulcers.

2007 A 6-Month, Phase 3, Randomized, Double-blind, Parallel-group, Controlled, Multi-center Study to Evaluate the Incidence of Gastric Ulcers with Study Medication versus diclofenac/misoprostol in Subjects Who Are at High Risk for Developing NSAID-associated Ulcers.

2008 A Randomized Double-Blind Parallel Study of Study Medication (ER) versus Eesomeprazole for Healing and Symptomatic Relief of Moderate to Severe Erosive Gastroesophageal Reflux Disease (GERD)

2008 A Randomized Double-Blind Parallel Study of Study Medication (ER) versus Ranitidine for Maintenance of Healed Erosive Gastroesophageal Reflux Disease (GERD)

## Interviews and articles:

### Radio:

Science and Technology with Carl Abrams (Framingham, Massachusetts)  
Town and Country with Steve Oman (AM 1450 Albert Lea, Minnesota)  
The Midday Show with Kelli Gorr (AM 1240 St Cloud, Minnesota)  
Jerry Germaine and Jae (AM 1490 Middlebury, Vermont)  
Its Your Life Show with Bill Flagg (AM 1390 Caribou, Maine)  
Let's Talk with Clint Greenway (AM 1490 Mitchell, South Dakota)  
Doctor on Call with Dr. Jim Bachman (AM 620 North Versailles, Pennsylvania)  
First Call with Kevin Elkins (AM 1440 Montgomery, Alabama)  
Health Talk with Dr. Bruce Weary (Prescott, Arizona)  
The Frankie Boyer Show (WBIX Boston, Massachusetts)  
The Larry Fedoruk Show (CKTB-AM Ontario, Canada)  
Insight with Ryan Lindsey (AM 1450 Marshfield, Wisconsin)  
Day Break with Rich Ryder (AM 1350 Bennington, Vermont)  
Live and Local with Keith Tallent (AM 1370 Dodge City, Kansas)  
The Michael Dresser Show (Chicago, Illinois/ Fairbanks, Alaska)  
The Morning News/ Taking it to the Streets with Allen Strike (WTRC AM Elkhart, Indiana)  
Common Ground with Kimberley Jaeger (WZLX-FM Boston, Massachusetts)  
The Breakfast Club with Debbie Denk (WCUB-AM Manitowoc, Wisconsin)  
KWIX Land This Morning with Stephanie Ross (KWIX AM Moberly, Missouri)  
Community at Large with Cameron Hendrix (WRNQ FM Poughkeepsie, New York)  
The Lowdown with Victoria Davis (WDVR FM Sergeantsville, New York)  
Drive Time with Alan Palmer (WKCT AM Bowling Green, Kentucky)  
The Other Side of the Morning Drive with Larry Wright (WEOL AM Elyria, Ohio)  
House Calls with Betty Luse (WHRV FM Norfolk, Virginia)  
Talk it over with Terry Spence (CFAX AM Victoria, British Columbia)  
Jim Cates Radio Program (KMAJ AM Topeka, KS)  
Healthy Sundays (KTPK FM, Topeka, KS)

### TV:

Talk of the Town – The Light Side of the News with Suzie Wiley (Channel 56, Decatur, Alabama)  
4pm News on WIBW with Ralph Hipp (Channel 13, WIBW, Topeka, Kansas)

### Print:

The Repository	Canton, Ohio
The Islander	Saint Simons Island
The V V A Veteran	Silver Springs, Maryland
Wings of Gold	Alexandria, Virginia
Topeka, Capital Journal	Topeka, Kansas
Lawrence Journal World	Lawrence, Kansas
AARP	
Girls Life	
Seventeen	

### Online:

Bay Area Women's Directory	<a href="http://www.bayareawomensdirectory.com">www.bayareawomensdirectory.com</a>
Hepatitis C Advocate	<a href="http://www.hcvadvocate.org">www.hcvadvocate.org</a>
WebMD	<a href="http://www.webmd.com">www.webmd.com</a>
Kansas Medical Clinic	<a href="http://www.kmcpa.com">www.kmcpa.com</a>
Endoscopy Center of Topeka	<a href="http://www.topekaendocenter.com">www.topekaendocenter.com</a>
Personal Website	<a href="http://www.DrChalla.com">www.DrChalla.com</a>
Fox News Latino	<a href="http://latino.foxnews.com/latino/health/2012/03/25/marta-montenegro-real-deal-with-probiotics/">http://latino.foxnews.com/latino/health/2012/03/25/marta-montenegro-real-deal-with-probiotics/</a>