

Media Bio



Knowledge is Power - Quality health care starts with You

Shekhar K. Challa, MD - Latest Endeavors

- Board Certified Gastroenterologist in practice since 1987.
- President & Co-Founder, Kansas Medical Clinic, a multi-specialty medical center focused in the areas of Gastroenterology, Dermatology, Neurology, and Pathology.
- Medical Director, Edoscopy Center of Topeka, endoscopic facility specializing in colorectal cancer screening and other digestive concerns.
- Founder, Kansas Association of Gastroenterologists (KAGI), a nonprofit association of Kansas area gastroenterologists increasing awareness of colorectal cancer screening.
- Author of:
 - “Winning the Hepatitis C Battle” - Ben Franklin Award Finalist,
 - Readers Preference Award
 - “Spurn the Burn - Treat the Heat of Acid Reflux Disease”
 - “Probiotics For Dummies” condensed version published 2011
 - “Probiotics For Dummies” full detail version in paperback published 2012
- Principle investigator for 17 clinical research trials.

Shekhar Challa, M.D. has over 25 years of experience as a Board Certified Gastroenterologist. Dr. Challa is the award-winning author of “Spurn the Burn, Treat the Heat: Everything You Need to Know to Beat Acid Reflux Disease,” for which he received the Readers Preference Award. His most recent book is “Probiotics for Dummies” (Wiley, 2012).

In private practice since 1987, Dr. Challa is the co-founder of the Kansas Medical Clinic (KMC) and has been the principal investigator for 17 different clinical research trials for such leading companies as Glaxo, Roche and Bristol Myers. He has been interviewed for his expertise by dozens of radio programs and in print by such top publications as “AARP” and “Seventeen Magazine.”

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